

VERITAS RESIDENCE

ESSENTIAL BOOKLET

#### A HOME AWAY FROM HOME

Veritas Residence is a female residence founded in the year 1972, accommodating 309 senior students in South Campus at the Nelson Mandela Metropolitan University, Port Elizabeth, South Africa. It upholds 4 values namely:

- Integrity/truth
- Sisterhood
- Academic excellence
- Remaining a lady at all times

#### Our motto for the year 2015:

#Reside #Participate #Graduate



# MAM'NOMHLE'S ADDRESS

A warm welcome to both the new and returning students. 2015 promises to be a great year for Veritas and this we can be sure to achieve by working together as the Veritas motto for 2015 says" reside participate, graduate". May you succeed in all your endeavors and as "Veritas Governance Structure" we are willing to assist, my door is always open to everyone at all times.

"Friends that don't help you climb will want to see you crawl, your friends will stretch your vision or choke your dream, and those that don't increase you will eventually decrease you".

So stay FOCUSED on your PRIORITIES as time will go fast.



### LEADERSHIP 2015



#### ASISIPO 'ASUZ' MHLONYANE (RSA)

Welcome to Veritas. I trust that you are all well rested and excited about the year of greatness that we have planned for you this year. I trust that you will enjoy your stay at Veritas, a home away from home; a home that thrives in all its efforts, a home that has 'academic excellence, becoming better citizens and remaining ladies at all times' as its core values. 2015, they say, is a year to fit in. I say, don't fit in but be the best you possibly can be! As Dj Sbu says, "Pressa, Pusha, Phanda!"

Enjoy your stay at Veritas.



#### NALINDA NDLEBE (PRIMARIA)

First and foremost I would like to welcome the Ladies of Veritas into the New Year, one that I hope will be filled with good health, wisdom and prosperity for all you Ladies. I am sure that you have heard that residing at an on-campus residence is a privilege that is not awarded to many, meaning that the individual reading this message is fortunate enough to be amongst the select rare entity of those students. Having stated the above I would like to emphasize the opportunity we have all been given, that will aid in us reaching our full potential and unlocking the doors to success if hard work and determination form part of our daily vocabulary within the Institution. I hope that your stay this year at Veritas is one that is vibrant, conducive for living and learning and one that will be filled with good long lasting memories. I believe that we all come from different walks of life, we all will walk different paths in life, but essentially we establish our humanity by taking the opportunity to be a part of someone else's journey. Steve Bantu Biko states that "the Greatest Weapon of the Oppressor is the mind of the Oppressed" therefore meaning that you are your greatest asset. Never let your Struggle become your Identity!

Success is not final, failure is not fatal: it is the courage to continue that





#### HOW TO MAKE THE MOST OF YOUR EXPERIENCE AS A VERITAS CITIZEN...

- Participate in most activities that are offered at Veritas like recreational activities, sports, social events, etc.
- Attend events such as house meetings and flat meetings
- Make use of the study centre and computer lab to ensure and/or promote academic excellence
- Get to know your flatmates well. You never know whether you will meet a life term sister ©
- Always be on the look out for events on notice boards...

### EVENTS TO LOOK OUT FOR...

- ✓Opening function: UV Welcoming Braai (February)
- ✓ Campus Life Festival (February)
- √Miss Fohloza (May)
- √Queen V (September)
- ✓ Closing function (October)

## IN CASE OF EMERGENCIES....

Sick person or a frience

Contact HK or residence security

Contact Campus Clinic, which will do arrangements regarding the management of the patient and transportation to and from the hospital

#### IN CASE OF EMERGENCIES...

(AFTER HOURS AND WEEKENDS)

Sick person or friend

Contact HK or residence security

Contact residence manager

Residence manager to assess patient and call the ambulance (ESS) in needed

## CONTACTS...

Name	Phone number	Email address
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## CONTACTS...

Name	Phone number	Email address
Zikhona Gaca (P.R.O.)	071 371 7502	<u>s212277251@nmmu.ac.za</u>
Charmonay Johnson (Catering Officer)	083 434 2033	<u>s212359223@nmmu.ac.za</u>
Silindile Malangeni (Security Officer)	073 751 9147	<u>s212276131@nmmu.ac.za</u>
Soyama Mati (Maintenance)	078 453 4423	<u>s213216957@nmmu.ac.za</u>
Veritas Residence office	041 504 2485	

### CONTACTS...

Name	Phone number	Email address
Medical emergencies (office hours)	041 504 2174 (S) 3364 (N)	
Medical/Fire/Security emergencies (After hours)	041 504 2342 (S) 3636 (N) 3710 (2 <sup>nd</sup> Ave)	
Security emergencies all hours	041 504 2482 (S) 3483 (N) 3356 (N) 3636 (N)	
NMMU Crisis Helpline (24 hours)	082 428 5009	